

Rohith R Mangattu



CONTACT

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Location : Bengaluru (WhiteField, Mahadevpura , Cv Raman areas)

PROFILE

Table Tennis coach with hands-on experience training beginners and junior players using a structured, fundamentals-first approach. Strong focus on technique, movement, consistency, and developing long-term interest in the game. Known for clear communication, discipline, and creating engaging learning environments. Seeking a coaching opportunity at a club or sports facility.

COACHING EXPERIENCE

Head Coach & Founder at The School Table Tennis Academy – Independent / Freelance Bengaluru | 2024

- Conducted one-on-one and small-group coaching sessions
- Trained beginners and juniors with emphasis on:
 - Correct grip, stance, and stroke basics
 - Footwork and movement across the table
 - Rally consistency and ball control
- Designed simple, structured drills for faster learning
- Improved player focus and understanding within early sessions
- Maintained regular progress feedback with parents and players

CORE COACHING SKILLS

- Beginner & Junior Player Development
- Footwork & Movement Drills
- Consistency & Control Training
- Match-play Fundamentals
- Clear Communication & Motivation

PLAYING BACKGROUND

- Playing Table Tennis since 2002
- Represented school at All Kerala CBSE School District Championships -(2002 – 2009 | Idukki, Kerala)
- **CBSE Kerala State Championship** – Under 14 Winners (2009)
- **CBSE National Championship** –Under 14 Participant (Raipur, Chhattisgarh (2009))
- Strong foundation in competitive match play, rules, and game strategy

PERSONAL STRENGTHS

- Disciplined, patient, and approachable
- Strong rapport with kids and beginners
- Professional, punctual, and reliable
- Passionate about structured sports education

AVAILABILITY

- Coaching hours 09:30 AM - 6:30 PM
- Weekdays & Weekends
- Open to club-based coaching roles

Language Spoken

- English | Hindi | Kannada | Tamil | Malayalam

REFERENCES AVAILABLE UPON REQUEST

ASSOCIATED TRAINING VENUES



April 2026 to present